# eorlydays 

## FITTING GUIDE

(1) Please print ensuring scale is correct using the ruler at the side of the page.
2. When measuring please ensure the heel is placed correctly on the dotted line with weight on the foot to allow for the foot to spread. Please allow at least 1 cm extra for room and growth. Always measure both feet.

## MOST IMPORTANT

The fitting guide shows the ACTUAL size of the insole for each size, so for instance if the toe is touching or close to the line of size $0 / 16$ then you should select a size $1 / 17$. If the toes are an equal distance between insole sizes we would always recommend selecting the next size up.
(3) Place an order © 01162716944 @sales@earlydays.Itd.uk © www.earlydays.Itd.uk


Place the spine of a thick book along the dotted line to make sure the foot is in the correct position.

